Children’s Mental Health Services/REACH

Children’s Mental Health Services/REACH continues to be dedicated to serving our clientele throughout these uncharted times. As you know, the information and precautions are changing at a rapid rate on how best to respond to the COVID-19 illness. This is also true for the means in which we respond to meeting the needs of those experiencing mental health obstacles. The following plan is in place as of 3-18-2020.

Children’s Mental Health Services Clinic will remain open to mental health services during regular business hours.

A. Consumers will be screened
   a. Have you traveled outside of Itasca County recently?
   b. Have you or anyone in your household experienced a temperature in the past 24 hrs?
   c. Are you experiencing any flu like symptoms?

B. In response to Federal and State guidance, we are asking that when bringing a child to our office for service that you limit bringing any additional individuals with you.

C. Any client subjected to exposure to Covid-19 will be rescheduled.

D. Mental health workers will provide support to Invest Early/Head start Classrooms.

E. CMHS will be moving to tele-health options for those clients most appropriate in the following service deliveries.
   a. Individual Therapy
   b. Family Therapy
   c. Skills Work
   d. Case Management

F. Mental health workers can continue to meet clients in their homes if household is safe/healthy.

G. Mental health workers will continue to work with school staff to assist in delivery of distant learning with focus on social/emotional contributions.

Children’s Mental Health Services/REACH looks to protect the health and safety of its consumers and staff in response to the COVID-19 pandemic. The new approach to our mental health service delivery will continue to evolve as a means to minimize the spread of COVID-19 in the CMHS clinic and communities we serve.